

ANYA BLISS

TRANSLATED IDENTITY WORKSHOP

In this workshop: Part 1, you will draw a self-portrait of both the front and back of your Head. Part 2, you will then find objects that you can use creatively to recreate and rethink the disjointed portraits that you draw. Part 3, reflection.

PART 1:

How do you see yourself through touch ?

Instructions:

For the first step you will produce a continuous line drawing with your eyes closed. Use your non-dominant hand to feel your face and all your features while drawing what you feel with your dominant hand.

Remember: you are trying to draw the way your facial features FEEL so try to focus on keeping your mind empty. Avoid accidentally drawing your face from memory.

After completing the continuous line drawing, use the same technique to draw the back of your head.

Time guide: 10 minutes
Materials: Paper and
something to draw with.



PART 2: Collect, Translate, Transform.

Search your local surroundings for items that you can use artistically. What can you find outdoors? These objects will be used to create a sculpture of your drawing.

Choose items that you are immediately attracted to without thinking too much about how they could be used or if it will work.

Items I collected included twigs, pencils, string, wasabi packets, plastic rubbish, a small paper bag, tin foil, leaves, screws, paper clips, egg shell, a feather, a washing peg.

Time guide: 15 - 30 minutes

If you would like to spend more time on the workshop, try going for a walk around your wider community, how could nature inspire you?





Using your newly gathered materials, create a sculptural portrait based on the drawings you created in Part 1. You may use scissors, glue, tape, staples, wire, and other making tools to help you.

Since the drawings are so abstract and inaccurate it allows your imagination to explore the materials rather than trying to produce a formal realistic piece that overly resembles you.

Time guide:
30 - 40 minutes
This is the main part of the workshop so take your time to create your outcome. In Part 3 we will have a moment to reflect



PART 3: Refelction

Spend a moment reflecting on your experience and outcome in regards to the workshop.

Allow yourself to be guided by the questions bellow.

How do the materials you were drawn to reflect your personality?

How does this new portrait, that focuses on sensations and emotions, represent you?

If you tried this activity on a different day how would the result differ – would you end up with what feels like a series of distorted portrait diary entries?

